VIP | 04/10/2018

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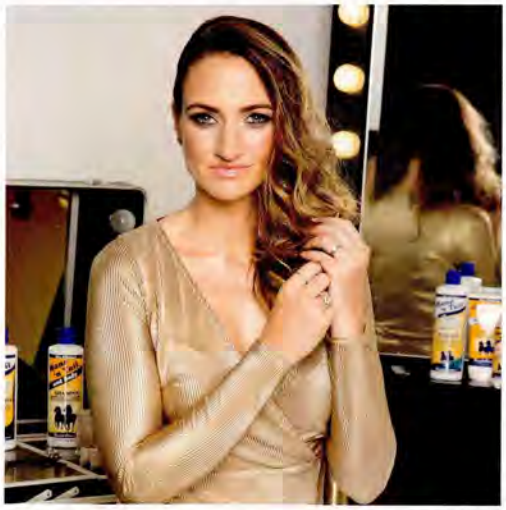
VIP Hair

Winter is coming...



Want to know how to prevent frazzled hair ahead of the winter months? We asked Mane & Tail ambassador Tori Keane for her top tips...

1 WEAR A HAT! It'll protect your blowdry from the wind and rain.

2 DON'T OVER-STYLE YOUR HAIR. If it is naturally curly, embrace it.

3 CREATE A BARRIER between your hair and the elements. After washing your hair, spray in Mane 'n Tail Hair Strengthener to create a veil of protection against heat styling, wind and rain.

4 MESSY BUNS ARE ALL THE RAGE on the AW18 catwalks and braids are still not dead, as loose French plaits and hairband braids are still a firm favourite. Just keep it off your face altogether!

5 USE A MOISTURISING CONDITIONER once a week, and leave it on for at least five minutes. I like Mane 'n Tail Deep Moisturising Conditioner wrapped in a towel or a shower cap for ten minutes. When rinsed your hair will feel like silk!

Going PRO

This month, we trialled the TRESemmé PRO Collection, which is made up of three specialised ranges suited to different hair types: Keratin Smooth for frizzy hair, Botanique for normal hair and and Biotin+ Repair 7 for damaged hair. Affordable (prices range from €6.49 to €7.99) and effective – your locks will be wonderfully soft and shiny – all products are available in pharmacies and retailers all over; tresemme.com/uk/collections

COLOUR CHANGE

You may have noticed Una Healy's sensational transformation lately – from redhead to blonde. A new look to match her newly single status, and oh how she pulls it off! How exactly did she get her fresh hair style? We spoke to her Dublin-based hairdresser Ceira Lambert (ceiralambert.com)...

"Una flew over to us on a Tuesday afternoon. We spent two hours removing her previous extensions and doing a Keune Bond Fusion treatment to prepare her hair for her transformation the following day. My colourist Sarah did a full-head of fine weave highlights very close together, leaving out only a really fine pieces of her original colour, then toned with Keune. Once the colour was finished we started with her Great Lengths Hair Extensions. We used 45cm (18") of hair, finely blending five different colours to achieve the natural non-brassy blonde result. The extensions actually helped lighten her look as we were able to add some lighter blondes to the ends, giving her a brighter look and saving us having to colour Una's hair too much. She was delighted with the lift and that we managed to minimise any damage, all in one go. We love Una and have been doing her hair for over five years now. She's such a gorgeous person inside and out and we think the new do just adds to her fabulousness!"

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