

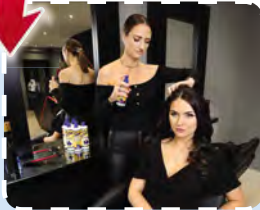
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**INTERVIEW**

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**First look**

● **STEP 1:** Start with hair that's not freshly washed and lather the hair in **Mane 'n Tail** Strengthening Spray as a prepping base.  
 ● **STEP 2:** Sweep hair to one side over the shoulder and start braiding a fish bone. Fish bones use two sections overlapping instead of three. A normal plait works for this style too.  
 ● **STEP 3:** Soften the look by pulling some pieces loose around the face. Make sure your braid is secured with an elastic band and stretch the braid from top to end to make it appear fatter. Place hat or band on top.



We team up with **Mane 'n Tail** to get you race day ready. By **Denise Smith**

**S**ERIOUS racegoers, who are hoping to earn the title of 'Best Dressed Lady', know that it's not just the outfit that will clinch them the crown – it's all about the hair, darlings.

With the Galway Races and several other meets in sight, now is the time to get some inspiration for your race day 'do, which is why we've enlisted the help of **Mane 'n Tail** ambassador, Tori Keane (pictured left with model Laura Fox at Black Amber Hair Salon in Templeogue). Here, Tori schools us on the statement trackside styles we should all be emulating.

**CREDITS:**

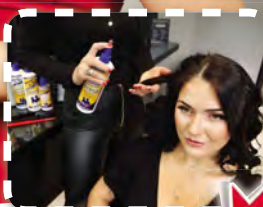
- Shot on location in Black Amber, 10 Cypress Park, Templeogue, Dublin; @blackamber
- Hairdresser: Tori Keane [www.torikeane.com](http://www.torikeane.com); @torikeane
- Model: Laura Fox; @foylaura10
- Hats from Hat Society Dundrum – available to rent for three days for €80; @hatsocietydundrum

**PRODUCTS USED:**

- **Mane 'n Tail** Original Shampoo and Conditioner
- **Mane 'n Tail** Detangler Spray
- **Mane 'n Tail** Strengthening Spray; @Manentailuk\_ie



GET THE LOOK:  
Model  
Laura Fox  
(left) models  
look one, and  
here, in the  
red look two.  
Pix by Steve  
Humphreys



### Second look

- **STEP 1:** Wash your hair using **Mane 'n Tail** Original Shampoo and Conditioner then spritz with **Mane 'n Tail** Detangler as a heat protectant.
- **STEP 2:** Blast-dry hair and curl the ends using a wand or GHD, whatever styling tool you prefer.
- **STEP 3:** Split hair down the centre so that the hat covers your parting. Smooth one side around your hand, as if wrapping your hand in the hair, and pin at the base. Do this on the more visible side if you're wearing a side sitting hat like Laura.

